



# Yoga Class Timetable

Tuesday	5:45pm - 7:15pm	General Yoga Class
Tuesday	7:30pm - 9:00pm	Yoga & Meditation Class
Wednesday	5:45pm - 7:15pm	General Yoga Class

Classes held at Holy Covenant Anglican Church, 89 Dexter St  
Cook

See [www.yogaelements.com.au](http://www.yogaelements.com.au) for further details